



# GATEWAYS SCHOOL

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Dear Parents,

We are pleased to let you know that this year we are hoping to enter as many children as possible into the Saturday morning cross country races organised by Leeds Schools Athletics Association (LSAA). The races are due to be held in different locations in Leeds throughout the autumn term and each race is approximately 1.8km in distance. There is an U9 category for Upper 1 and Lower 2 boys and girls and an U11 category for children in Upper 2 and Lower 3.

The first one is to take place on **Saturday 29<sup>th</sup> September at 10 am** and will be held at Middleton Park (see details below for how to get there and where to park). You will need to bring, and take responsibility for, your child on the day. Miss Milner and other members of Prep staff will be there to support the children racing. Please aim to arrive for around 9:40 am in order to warm up and get familiar with the course. Races last around 15 minutes. If your child wishes to take part, please fill out the form below.

The subsequent races are as follows:

- Saturday 13<sup>th</sup> October (10am start, Cardinal Heenan High School)
- Saturday 24<sup>th</sup> November (10am start, Wharfe Meadows Park by Prince Henry's Grammar School)
- Saturday 15<sup>th</sup> December (10am start, Corpus Christi High School)

Should the children be successful, there is also a final race in March at Middleton Park.

### Getting to Middleton Park

Middleton Park is 4 miles south of Leeds city centre, next to the John Charles Centre for Sport (Middleton Grove, Leeds, LS11 5DJ.) It is a large place and has a few entrances. It is advisable to park in the John Charles Centre car park and just walk up the hill. It is, more often than not, fairly muddy so if spectating, it may be a good idea to wear wellies. Children competing are able to wear either running trainers or they may wish to wear spikes.

Yours sincerely

Miss L Milner  
Prep Class Teacher

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FAO: Miss Milner

My child \_\_\_\_\_ wishes to enter the Leeds Schools Cross Country.

Please tick below to confirm the races they are able to attend:

- Saturday 29<sup>th</sup> September (10 am start at Middleton Park by the John Charles Centre)
- Saturday 13<sup>th</sup> October (10am start, Cardinal Heenan High School)
- Saturday 24<sup>th</sup> November (10am start, Wharfe Meadows Park by Prince Henry's Grammar School)
- Saturday 15<sup>th</sup> December (10am start, Corpus Christi High School)

I understand that I need to bring them to each race around 15 minutes before the start.

Signed \_\_\_\_\_