



Dear Parents

Understanding Cancer Together presentation: Education, Prevention and Treatment

Many people are afraid of cancer and don't know all the facts. To support our pupils and as part of our PSHE programme at Gateways School we have invited the Teenage Cancer Trust to speak to our Upper 4 pupils on **Friday 22nd March** about cancer and health.

What is the Teenage Cancer Trust?

Teenage Cancer Trust provides specialist care and support to young people with cancer across the UK. Teenage Cancer Trust's national 'Understanding Cancer Together' presentation is recognised by the government as it raises awareness of cancer which can lead to earlier diagnosis of cancer.

What information will the presentation include?

The presentation will last for around an hour and is an interactive opportunity for students to learn about and discuss:

- what cancer is
- common signs and symptoms of cancer in young people
- the impact of cancer on a young person
- types of treatment
- healthy living and how this can help reduce the risk of cancer in later life
- breaking down fears about cancer

By the end of the presentation, all students should know more about early warning signs and how they can reduce their risk of cancer later in life. Throughout the presentation, students will be encouraged to become the experts of their own body and to speak to health professionals as soon as possible about any concerns.

Who will be delivering the presentation?

The presentation will be given by a trained professional speaker from Teenage Cancer Trust and is delivered in a sensitive way. If you have any concerns, please do contact me and we will ensure that your child is supported.

"The session was extremely well pitched and Lenny was very engaging. A really high quality, informative and well delivered session." Teacher, Prince Henry's Grammar School

Improved awareness can support early diagnosis and break down fears about cancer. For more details, please look for the Transforming Cancer Knowledge [report](#).

Please do support this by talking to your child about what they have learned and encouraging them to be open about any health concerns they may have. Here is a link to some of the key [information](#) shared in the presentation.

Yours sincerely

Sara Holmes
Head of Pastoral Care (High School)

Headmistress: Dr T Johnson BSc (Hons), PhD, PGCE