

LUNCH WEEK 1 MENU



GATEWAYS
SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOMEMADE SOUP	Spring vegetable	Tomato	Sweetcorn and red pepper chowder	Tuscan bean	Celery
MAIN COURSE	Sticky chilli beef	Chicken tortilla wraps	Pulled pork	Tomato pesto pasta	Battered fish served with tartar sauce and lemon
VEGETARIAN	Quorn sweet and sour Noodles	Selection of cold sandwiches	Halloumi kebabs	Potato gnocchi with tomato, red peppers & lentil sauce	Battered veggie sausage
LIGHT BITE (served with side salad)	Jacket potato with cheese	Mac and cheese	Pizza focaccia	Jacket with and beans	Bacon and cheese or cheese and chive twists
SIDES	Boiled rice Asian stir fry vegetables	Tortilla chips Coleslaw Mixed salad	Jacket potato Corn Mixed salad	Garlic bread Roasted vegetables	Chip shop chips Mushy peas Curry sauce
MAIN DESSERTS	Apple and pear crumble and custard	Cookies	Rice pudding	Shortbread	White chocolate and strawberry muffins
COLD DESSERTS	Fruit jelly	Fresh cut fruit and yogurt	Iced buns	Fruit salad	Chocolate orange flapjack

Please note there might be slight variations to the menu due to availability of ingredients