

Upper 6 psychologists hold a debate into the causes of gender dysphoria



As part of the gender topic within our A Level psychology specification, students look at the causes of gender dysphoria. This is a term that describes a sense of unease that a person may have because of a mismatch between their biological sex and their gender identity. There are different explanations for gender dysphoria, from biological to psychological. As such, the class were divided into two groups and assigned either the roles of biological or social psychologists.

After researching their perspectives, we began with opening arguments outlining each group's theories. From this point, there were rebuttals aplenty as both teams were keen to provide a winning case. The strengths of each theory were emphasised, with counterarguments ensuing for any criticisms made by the opposing group.

This was a really interesting way to debate the issue and encouraged all students to evaluate theories, comparing and contrasting along the way.

As the closing arguments were presented, we all found that we had found the debate very entertaining making this a wonderful way to end our topic.

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