

## Katie presents her EPQ on mental health issues in the performing arts industry



Katie Proctor from Upper 6 presented her EPQ topic during Wednesday lunchtime exploring the in depth and intricate nature of mental health issues in all aspects of the performing arts industry. She described the nature of how this industry is rather unique in that an actor is often encourage to display their vulnerability to be able to secure a particular acting position.

Katie went on to describe the journey of problem solving she encountered along the way including the construction of surveys, the decisions to conduct anonymous surveys and analysing the information from interviews with a variety of people in the field including directors and actors. Ultimately, she concluded that although policies have been introduced to protect those involved in this field, there is much to be improved. She offered suggestions to improve the support of mental health issues as well as practical ways to improve the industry as a whole. Well done Katie.

Dr Sara Newton