

Lower 5 running club: the highlight of my week



Lower 5 running club started last September when Maya was unable to attend the other school running club so asked if we could set up an alternate group. I spent the next few Wednesday lunchtimes gasping for breath as I tried to keep up with her on the Harewood Estate!

Since, then, the club has expanded to a 'core' group of Lucy, Millie, Gabe, Ella and Sophie plus any other Lower 5 pupil who wants to join in. They run in rain, snow and, this week, scorching heat and they are unfailingly cheerful and committed to improving their PBs and fitness. Mrs Burns and Mrs King have also joined the posse, making Wednesday lunchtimes the absolute highlight of my week.

Mrs Jo Watson