

## Careers: looking inside and outside ourselves





Careers and Education Guidance

**Trends in  
Employment and  
Emerging Careers**




Ann Tunstall  *Independent and impartial Careers Adviser Professional member of Career Development Institute.*



**Careers**  
GATEWAYS  
SCHOOL

**Careers and Personality**  
- Why does it Matter? -



On Thursday we held Careers workshops for all of our Lower 5 pupils which emphasised the need to look both inwards at ourselves and outwards at the work of work in an ever-changing setting.

Ann Tunstall, our external Careers Adviser from Aspire-igen started by looking outwards at new and emerging careers and the potential changes in career trends due to the current pandemic and other environmental factors, such as climate change. Pupils explored the wealth of new job roles and the skills likely to be most in demand over the coming decades.

Mrs Sharrock then switched to looking inwards by exploring our own personalities with a workshop on introversion and extroversion and the common misconceptions often attributed to these traits. Lower 5 enjoyed trying to guess where their teachers sat on the introversion/extroversion scale, and were surprised by how many teaching staff lean towards introversion! Pupils had the opportunity to see whether they tended more towards introversion or extroversion, and we discussed a range of other personality factors which could help in their decision-making for future career choices and for supporting a “good fit” in their adult working lives.

Please remember to use the Careers Resources pages on Firefly for links to a wide range of information on all aspects of Careers support for both pupils and parents.

Mrs Marlene Sharrock