## **High School & Sixth Form**



## **PSHE** - positive relationships



What costs nothing but can be priceless?

Can last a lifetime but can be broken in a second?

That one person can never own but can always be shared?

## Friendship

This half term in PSHE we have been focusing on relationships. This element of the course is designed to help pupils successfully navigate platonic and romantic relationships when they leave education. The learning covers trust & consent, what qualities we value in friends and the power of reconciliation, as well as many other important topics.

Relationship education is vital, as some the most prized assets we have in life are our close relationships. If we can teach young people to view relationships as valuable investments, they can prioritise creating and maintaining close friendships. Through relationships, we are able to live fulfilled lives, with a wide support network that provides us a well of resilience to endure life's ups and downs. By engaging in relationship education, we set young people up to thrive in further education and the workplace.

Mr Ralph Widdop