## **High School & Sixth Form**



## Getting ready for the great outdoors - DofE training day



On the 15th October 2023, Gateways School played host to a highly successful Duke of Edinburgh (DofE) training day. Thirty participants, organized into five teams of six pupils, engaged in a range of activities geared towards preparing them for their forthcoming DofE adventures.

The key highlights of the day included:

- 1. **Emergency Procedures**: Participants were taught essential safety skills for outdoor exploration.
- 2. **Equipment Packing**: Pupils learned effective methods for packing their equipment for expeditions.
- 3. **Personal Care and Hygiene**: The importance of maintaining personal hygiene during outdoor journeys was stressed.
- 4. Basic Navigation: The basics of map reading and compass usage were introduced.
- 5. **Cooking on the Trangia**: Under the guidance of Mr Crosby, pupils had the opportunity to prepare and taste different menus, fostering teamwork and self-sufficiency.

This training day was an unequivocal triumph, providing young adventurers with vital skills for their impending DofE journeys. Gateways School takes pride in supporting these individuals as they work towards their DofE Awards.

Captain Co Davies