

## Sports Report 20/11/2023

Wednesday 22<sup>nd</sup> November 2023

Seniors Netball v Harrogate Grammar School



Another fantastic match for the senior netball team as they were pushed all the way by Harrogate Grammar. Although, the girls didn't play to their full potential, they managed to take the win in a convincing second half performance. The girls had to dig deep as they lost a player to injury which meant a reshuffle of positions. However, they played patient netball and constantly worked hard to come towards the ball. By the end of the game, there was a lot of red faces as the 12-minute quarters and continuous movement made the girls exhausted!

It is important the seniors take this good result into a difficult fixture on Monday as they play the next round of the sisters in sport competition.

Miss Jade Preston

Wednesday 22<sup>nd</sup> November 2023

## Gateways U13 v GSAL Hockey



Gateways Under 13 A and B squads played hockey against GSAL. Both teams started off strong with some fast passes and great movement on and off the ball. It was great to see players more confident when dribbling and attacking at speed. It was end to end play where Gateways players showed great resilience in their defending, making great timed tackles and some excellent counter attacks. It was fantastic to see strong teamwork shown throughout by both teams.

The players of the match were Isla and Honor. Well done to all the girls.

Mrs Hannah Nichol

## Thursday 23<sup>rd</sup> November 2023 U13 Hockey v Roundhay School



The U13s have enjoyed a fantastic series of fixtures, culminating in another exhilarating game against Roundhay School. Both teams arrived brimming with enthusiasm and eagerness to play.

The A team faced Roundhay's U15 team and initially maintained control of the game. However, Gateways unfortunately lost a player due to injury, allowing Roundhay to regain momentum. Elise showcased exceptional skill and speed as a forward, outpacing the Roundhay players consistently. Caitlyn's precise deliveries into the D for Elise and Georgia proved fruitful, resulting in some impressive plays. The team displayed fluidity and finesse in their hockey, demonstrating commendable performance. Congratulations to Caitlyn for earning the title of player of the match.

Meanwhile, the B team welcomed fresh faces, injecting a new dynamic into the group. They exhibited cohesive teamwork, gradually stringing passes together with confidence. The players improved their pressing and as a result had more effective counterattacks as the game progressed. A highlight was witnessing Lucy's superb goal, as she confidently capitalised on a precise, well-paced long pass into the D from Sophia, securing a goal for the team. Well done to all players.

Mrs Hannah Nichol

Thursday 23<sup>rd</sup> November 2023  
Boys Games

## U15 & U13 Technical training and in house competitive games



This week our focus has been on the crucial skill of 'Jackling'. This involves seizing opportunities to contest the ball on the ground, aiming to secure possession. 'Jackling' not only adds a defensive edge but also deepens their understanding of rugby's tactical intricacies.

We looked at the strategic aspects of 'Jackling', teaching when to employ it for maximum impact. Emphasis was on disrupting the opposition, creating turnovers, and enhancing defensive prowess.

Players refined techniques, mastering body positioning, timing, and agility in small groups before using the technique in competitive small-sided games.

Mr Tom Davidson & Mr Phil Holmes