

Sports Report 06/11/2023

Thursday 9th November 2023

U13 Netball v GSAL B



The U13s enjoyed their first league fixture against GSAL. The girls started strongly and immediately took control of the game winning the first quarter 7-0. It was great to see the girls putting into action what they had been working on in training and always making sure they were a clear option for the ball. The play between the mid court and attacking players was fantastic and GSAL were caught off guard with the speed of the play.

In the 2nd and 3rd quarter, the game was much tighter and we relied on our defenders to stay close to their players and keep their eye on the ball so they could go for the intercept. We started to rush our attack which gave the opposition more opportunities to come back but fortunately we finished the game strong, winning 12-7.

The girls now have a half term break from netball fixtures as they take part in hockey and football fixtures.

Miss Jade Preston

Girls Games Hockey at Adel



The girls in High School are utilising the astroturf at Adel for their games lessons. This gives the girls the opportunity to play on a surface that matches the competitive game and to progress their skills on a larger pitch. Hopefully over the coming weeks, they will develop their power and accuracy in passing, their defending skills and their general fitness.

Mrs Laura Braithwaite