

Sports Report w/c 11th December 2023

Prep gymnastics



As the Games' season winds down for the term, it seems appropriate to share some of the excellent work that our Prep children have been demonstrating in their gymnastics lessons.

All the age groups have covered gymnastics as we look to improve strength, physical literacy and kinaesthetic awareness. Their enthusiasm has been sky high as all pupils maximised their available time in each lesson. We had huge progress which ranged from balancing on 1, 2 and 3 points, rolls, cartwheels and headstands. The older groups were given the opportunity to design routines in pairs or small groups and did a fantastic job.

Next term we have the girls working on netball, the boys are out playing football and our PE lessons will remain inside with basketball for the first half term.

Mrs Hannah Nichol and Mr Phil Holmes