## **Early Years**The Gatehouse and Littlegates



## Mental health awareness



Children's Mental Health Awareness Week has been our focus during lessons. We have explored the story text 'The Lion Inside' which focuses on confidence and self-esteem based on a shy little mouse who sets out on a journey to find his roar.

The children have talked about what their friends are good at doing during our Jigsaw sessions. The children made kindness hearts as part of a home learning task which prompted discussions about keeping a healthy mind. The children have written about their proudest moments and drawn pictures.

Miss Sarah Ellison