High School & Sixth Form



Enrichment week – Thursday



The main focus of Thursday's activities was to support pupils in developing resilience; all pupils attended a 'Resilient Me' workshop where they self-reflected and tried meditation. To complement to resilience workshop, Mr Reeves set up a carousel of challenges designed to test resilience and encourage perseverance and collaboration. The highlight of these being the challenge of building the highest tower made from Gateways coasters.

Some pupils went to Yeadon Tarn to learn how to kayak which was quite a challenge given the high winds and the strength needed to paddle against it!

A variety of eco activities were set up so that pupils could make bee hotels and use previously made eco-bricks to make planters. Some pupils contributed to the making of a stunning Growth, Wellbeing & Success textiles collage that was produced from scrap fabrics. Paper recycle bins were prepped and labelled with encouraging messages to promote recycling ready to be placed into classrooms and offices in the new school year (you can read more and see photos of the eco-activities in Dr Newton's newsletter article). Finally, other pupils had the opportunity to add the final bits to their work towards their Crest Award.

Mrs Sara Holmes