

## Enrichment Week - Wednesday – Culture and Society day



On Wednesday of enrichment week pupils started the day with an inspirational talk from Siobhan Fitzpatrick a regular member of the Great Britain basketball team that has qualified for the 2024 Summer Paralympics in France.

Pupils heard about how wheelchair basketball changed Siobhan's life, back in 2010, after she was told she couldn't take part in PE classes at secondary school because she has Cerebral Palsy.

Siobhan described how disability sports gave her power back and helped her into a life of freedom, success and positivity.

Siobhan is passionate about educating young people on disability, sports and how you can achieve your dreams no matter the adversity or disability. She said: "It's important to speak to pupils, about how sport is for everyone. I use my story because, as I don't use a wheelchair day-to-day, you might not always know I have a disability.

"I hope my talk has helped pupils to realise that they can achieve anything they want to, even with setbacks. They might not take a typical route to achieve those things, but they can honestly go on to achieve anything they want to!"

Pupils then went on to participate in three workshops and taken out of their comfort zone to work with pupils in other year groups and try a wide range of new things.

We had everything from a sushi making to magic, Mexican tile making and Irish dancing to Pilates! Pupils enjoyed a hero quest that took them back to ancient Greece and others enjoyed the opportunity to think hard in a Street Epistemology session. For those of you who haven't heard of it, Street Epistemology promotes critical thinking and to encourage people to

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reflect on their beliefs more closely. The goal is to create a space for open and honest dialogue, where people can explore their beliefs and the reasons, they have for holding them, and then decide on their own if their level of confidence in the truth of their claim is supported to their satisfaction.

A great variety of activities and a fantastic level of engagement from pupils made for a thoroughly enjoyable day!



Mrs Gemma Carver