## **High School & Sixth Form**



## Running club





Extra-curricular and enrichment clubs and activities are an important part of life at Gateways. They help to develop pupil's friendships, well-being and often lead to success.

Running club has started again this term with ever growing numbers. Each Tuesday lunchtime Mrs Burns and I take runners of all abilities over to the Harewood estate where we run through the woods or the tracks. This activity helps pupils to relieve stress, get fit and allows them to appreciate the beautiful countryside in which we live. Often, we see the deer that live on the estate which is a real treat.

This week Cherry, the school dog, joined us for our adventure. She is very well behaved and loves to run in the sunshine with her friends.

Mrs Sophie King