

### Sports Report w/c 14/10/2024

#### Year 7 & 8 House Netball



The girls in Year 7 & 8 started house netball this week. They divided into their house groups and split their teams however they preferred. The competitive house spirit was evident throughout the afternoon with many girls desperate to gain points for their houses. Some girls only started playing netball in September and it was really encouraging to see them on the court and playing a variety of different positions and asking their team mates about roles and areas they could play in. We will complete house netball in the spring term with more matches but here are some results so far;

Harewood - 1 point Beningbrough - 5 points Newby - 10 points These are not the goals that were scored but a points result of the games.

Mrs Laura Braithwaite, Miss Jade Preston and Mrs Hannah Nichol



#### U13 Boys Football v Tadcaster B

Won 5-3



An end-to-end thriller kept the spectators entertained as our mix of under 12 and 13 players travelled across to Tadcaster. The early focus was on keeping possession, moving into space and putting pressure on their defensive line. The ink on the script hadn't quite dried when the home side pounced on a misdirected pass and tucked it away into the bottom corner for a 1-0 lead after just 40 seconds!

Our boys were soon back on track though and good work in midfield allowed a cross to make its way towards the penalty spot where Rupert jumped ahead of his marker and volleyed home. 1-1.

Within minutes we took hold of the game as Amar scored a brace within a short spell, before Rupert made the most of a save from their keeper who couldn't win the race to the ball, allowing our striker to nudge the ball home from close range. 4-1 at half time looked like a comfortable margin, only for us to relax and concede a goal on the whistle.

Thankfully the boys upped their effort levels in the second half and controlled the middle of the pitch. Amar completed his hat-trick thanks to a looping cross which confused the 'keeper and dropped under the bar. The home side scored a late consolation but, with Will F holding fort in the centre of our defence, we repelled any threats and maintained the two-goal advantage until the final whistle.

**Mr Phil Holmes** 



#### Senior Netball v Rishworth



The girls had a tough outing against Rishworth School on Wednesday afternoon. The opposition were very swift in their play and constantly moved across the court. After an hour's minibus journey, we got off to a slow start and this set the tone for the game. The girls found it hard to drive onto the ball as the opposition were space marking. Each quarter, the girls tried different positions to improve the consistency, and this did work for certain amounts of time.

Throughout the game, the team recognised the importance of moving the ball quickly and using the whole court as a way to get the opposition moving. This helped the girls to score more goals and start to close the gap in each quarter. We look forward to playing Rishworth again in the future so we can demonstrate the improvements we have made.

**Miss Jade Preston** 



#### U16 Netball v Cardinal Heenan



The match started with a tense first quarter, as the team took time to find their footing against a determined Cardinal Heenan side. Our defence put up a strong fight, but we struggled to keep them at bay, ending the quarter 8-4 down. After a fiery team talk about sharpening our passes and picking up the pace, the girls stormed into the second quarter with renewed energy.

Cardinal Heenan's GA proved to be a real force, pushing our defenders to their limits. However, our defence rose to the challenge, showing resilience and staying sharp on rebounds. Despite their efforts, Cardinal Heenan pulled ahead to 16-7 by halftime.

In the third quarter, the girls dug deep, displaying incredible grit and fitness. They fought back fiercely, narrowing the gap to 19-11, putting the pressure on Cardinal Heenan. The final quarter was all to play for, and the girls left everything on the court, showing true heart and determination. Though the final score was 25-18 to Cardinal Heenan, every player battled to the very end.

Huge congratulations to all, with Mia earning Player of the Match for her outstanding performance!

Mrs Hannah Nichol



#### Year 9 & 10 House Netball



On Thursday it was the Year 9 & 10's turn to play the first half of house netball. They split into their houses and then into A & B teams. They took control of their warm up and ball skills to prepare for the matches. The games on the A team court were fast with balls being intercepted and converted at both ends. 28 goals were scored on this court and there was competitive cheering from all the teams. On the B teams court, the ball travelled successfully down the court; some excellent interceptions were made to allow goals to be converted. 14 goals were scored on total on this court. Thank goodness for umpires, the competitive spirit of the girls made it an enjoyable afternoon.

We will complete house netball in the spring term with more matches but here are some results so far; Harewood - 7 points Beningbrough - 12 points Newby - 6 points These are not the goals that were scored but a points result of the games.

Mrs Laura Braithwaite, Miss Jade Preston and Mrs Hannah Nichol