

## Sports Report 30/09/2024

### U15 Girls ESFA First Round of knock out cup v Woodhouse Grove Lost 9-1



The Under 15 girls kicked off their season with a challenging first match against a strong Woodhouse Grove side in the ESFA football tournament. As a knockout game, everything was to play for. In the early stages, the team struggled to find their rhythm, with passes not connecting, leading to a disjointed performance. Woodhouse capitalised, scoring several early goals, making the first half particularly tough.

However, Liberty managed to bring some hope with an outstanding goal, firing into the top corner. After a quick break and an encouraging team talk, the girls came out stronger in the second half. Keira made some impressive saves in goal, while the defence worked tirelessly to move the ball up the pitch. Despite their efforts, Woodhouse showed a dominant display of football. A well-deserved round of applause to all the girls for their hard work and participation.

Mrs Hannah Nichol

## Sixth Form Games



The Upper 6 have been introduced to padel at Wetherby this half term. This game is a mix between squash and tennis. They have thoroughly enjoyed using the specialist facility each week and their rallies are getting longer. They are also beginning to use the sides of the court as part of the game.

The golf group have moved from 'how to stand to the ball and grip the club' to a long drive competition in just three weeks. The sessions at Wike Ridge (Leeds Golf Centre) have been a huge hit so far, with some of our students proving similar with their driver! Thomas won the day, his best shot finishing 232 yards away. Amelia B took the bragging rights for the girls and had the most consistent performance of the group. Teaching Professional Alex Cooper has been exceptional in his delivery and made the lessons (full swing, putting & driving) highly rewarding.

Pilates is another activity that we are offering and the students who have taken part in these classes have woken up muscles that they didn't know exist. Each class is different and tailored to the group. The breathing technique is important in gaining the benefits of the exercises and it's great to see the students listening to the technique and pushing themselves to complete the sequences.

PE Department

## Senior Boys Basketball v GSAL

Won 25-21



The senior basketball team travelled to Scott Hall to face a formidable GSAL side in their first matchup of the series. Gateways showed great energy, effort, and strong teamwork, with impressive leadership throughout the game. The standout player was U5 Ivan, who led the team in both scoring and rebounds, despite being up against a towering 6ft 9 opponent. Gateways maintained a lead in each quarter, demonstrating grit and determination. In a highly competitive contest, the team emerged victorious with a 25-21 win, setting a strong tone for the rest of the series.

Mr Tom Davidson



## Under 14 & U15 Netball v Roundhay



The U14 & U15 netball team travelled to Roundhay to play friendly matches. The first match set the standard of the afternoon. The first 5 minutes saw Gateways with good possession, moving the ball quickly towards our goal third. Gateways scored the first goal, which triggered Roundhay to step it up. They utilised their height and speed and started to throw very high balls which we just couldn't compete with. There were moments of brilliance from Gateways, connecting passes from the defending third all the way down to Neiva and Emilia who successfully shot the ball. If we had a little more height and speed, I know we could have put more pressure on Roundhay.

The U15 team then took to the court, knowing the game would be quick and needing to defend high and strong passes. The girls made some excellent passes, moving the ball successfully up the court. Unfortunately, we were faced with two strong defenders who denied us of any goals in the first half. After a quick team talk at half time, Holly was able to convert three excellent goals from turnover balls. I was really impressed the girls did not give up the fight and played with motivation for the whole game. Players of the match, as voted for by the opposition were Ruby F and Bo J.

Mrs Laura Braithwaite

## Under 14 & U15 Netball v Cundall Manor



All girls took part in a netball fixture against Cundall Manor. This was the first experience for many and it was a good opportunity to have a go at different positions and look at some of the areas we have been working on in games. The girls worked hard throughout and enjoyed playing several mini matches against the opposition.

Our footwork was a particular success with the girls focusing on landing correctly and not moving their feet before releasing the ball. We took lots away from the afternoon and a particular focus will be on getting in front of our opposition so that we can receive the ball cleanly.

Miss Jade Preston