

## Key Stage 3 Olympic assembly



'Citius, Altius, Fortius – Communiter'

The Key Stage 3 pastoral assembly this week focused on the Olympics; we looked at what we as a Key Stage could take away and learn from the athletes. The three Olympic values are excellence, respect and friendship; values also important to us at Gateways. The modern translation of the Olympic motto is 'Faster, Higher, Stronger – Together' which is again pertinent to Gateways and our relationships with each other and being part of a team. We then went on to focus on the following five things that stuck with me most from my summer of Olympic viewing.

- **Perfection**
- **Team – Support Network**
- **Courage**
- **Dreams**
- **Setbacks, Defeat & Not Giving Up** - Should you wish to view the video of Derek Redmond in the 400m semi-final at the 1992 Barcelona Olympics, which caused a number of pupils and staff to leave the assembly with tears in their eyes, you can follow the link [here](#).

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