

Sports Report w/c 21st April 2025

Mini Marathon



In line with the TCS charity event and full marathon race this coming weekend, the KS2 pupils took part in a 'mini marathon' at the start of their Games lessons this week.

With the distance set at 2 miles, this proved a wonderful opportunity for all pupils to test their resolve and levels of stamina as they completed 4 full laps of our cross-country course.

This forms part of a busy weekend for Hennie and her dad as he heads to London for the marathon. The TCS mini event is linked to Joe Wicks and an initiative to promote fitness and enjoyment through a 2 mile run. Our children were superb and, as you can see from the smiles above, released a huge amount of endorphins! Good luck to Hennie's dad this weekend.

Athletics Preparation



Our PE lessons have allowed our pupils to continue refining and developing their athletics skills, enabling them to be better placed for Sports Day on Tuesday June 17th, as well as helping them be fitter, faster and stronger for their overall sporting performances.

We like to utilise equipment as a means of being able to encourage explosive movement and here, as shown by Arjun, is a fantastic (and fun) way to build long jump technique using our gymnastic mats.

With the weather being significantly better than it was 12 months ago, we have even had the track marked out already, allowing our children to learn race technique, pacing and relay changeovers.

Mr Phil Holmes