

Making medicine like Mary Seacole



This half term, Transition have learnt all about the famous nurses Mary Seacole and Florence Nightingale.

This week, we have learnt about the herbal remedies that Mary made to help her patients. We learnt that mint and lemon were used to help a cold and ginger was to help settle a poorly tummy. The children then became doctresses themselves and used some of the special ingredients to make their own healing potions. They mixed lemonade, ginger beer, mint and lemon to make a medicine that Mary would have been proud of!

The children have all loved learning about Florence and Mary and we hope that they've come home to share some fascinating facts with you too!

Mrs Heather Hallam, Miss Bethany Hayter and Miss Alice Bryant

