

## Consent and its role in healthy friendships



In today's world, understanding consent is essential for young people, making it a crucial topic in Gateways' PSHE (Personal, Social, Health, and Economic Education) curriculum.

Recently, Upper 3 focused on the importance of consent and how it plays a key role in fostering healthy friendships. Pupils learned how consent is about clear, mutual agreement between individuals, empowering people in their friendships. Teaching pupils about consent helps them to respect themselves and others, reducing the risks of misunderstandings.

Strong relationships rely on trust and effective communication. When pupils learn to express their boundaries and respect those of others, they create a foundation of mutual respect. By leading impactful conversations about the need to respect other people and their boundaries, PSHE learning helped to foster a safe environment for all pupils.

In conclusion, the lesson on consent equipped our Upper 3 students with vital skills to navigate their relationships, emphasising the importance of communication and respect. Let's continue fostering an atmosphere of understanding and kindness in our school community.

Mr Ralph Widdop