

LUNCH
WEEK 1 MENU



GATEWAYS
SCHOOL

	PASTA MONDAY	HEALTHY TUESDAY	TRADITIONAL WEDNESDAY	INTERNATIONAL THURSDAY	FUN FRIDAY
HOMEMADE SOUP	Roasted cauliflower	Tuscan bean	Tomato and basil	Minestrone	Carrot and coriander
MAIN COURSE	Minced beef bolognaise	Chargrilled chicken in a cherry tomato and spinach sauce	Meat and potato pie	Tex-Mex beef chilli with sour cream	Battered haddock
VEGETARIAN	Wholemeal tomato and cheese pasta bake	Jacket potato bar - various fillings	Cheese and potato pie	5 bean enchiladas	Battered vegan fish
SIDES	Roasted Italian vegetables Garlic bread	Roasted new potatoes Green beans Mixed seasonal salad	Glazed carrots and garden peas Savoury cabbage	Steamed rice Grilled corn Slaw	Chunky chips Mushy peas Curry sauce Lemon and tartar sauce
MAIN DESSERTS	Treacle sponge with custard	Carrot cake muffin	Peach crumble and cream	Chocolate sponge with chocolate sauce	Selection of cookies
COLD DESSERTS	Lemon drizzle	Yogurt with fruit salad	Fairy cake	Shortbread	Whole fruit

Please note there might be slight variations to the menu due to availability of ingredients