

High School & Sixth Form

Enrichment Week 2026 – Monday



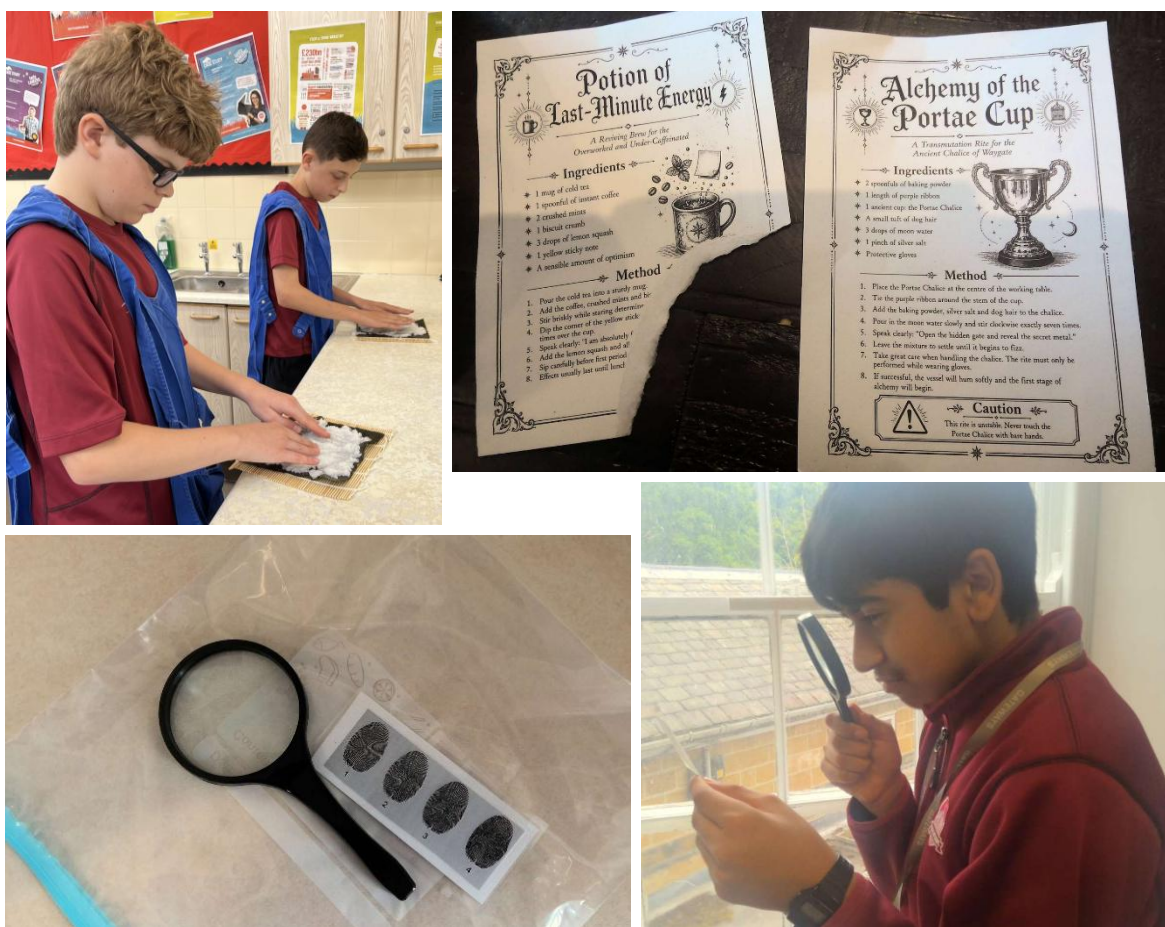
Upper 3 and Lower 4 enjoyed a day of cultural enrichment. Pupils have participated in making sushi and chocolate crackle biscuits with matcha filling, Kathak dancing and some African artwork.

'Kathak' is derived from the Sanskrit word Katha or 'story' and from Katthaka or 'storyteller', referred to in ancient and medieval Indian literature.

But 'storytelling' and temples though its origin may be, Kathak is the one dance that has a singular DNA. Pupils experienced the heart-stopping bursts of rhythmic virtuosity and were enchanted by its delicate, lyrical poetry.

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In the food room pupils learned that sushi making and matcha preparation are deeply rooted Japanese traditions that reflect precision, respect and harmony. Sushi chefs spend years mastering techniques such as rice preparation, knife skills, and ingredient selection to create balanced flavours and presentation. Matcha, finely ground green tea, is central to the Japanese tea ceremony, where every movement is performed with mindfulness and care. Together, sushi and matcha embody the cultural values of craftsmanship, simplicity, hospitality, and an appreciation for beauty in everyday experiences.



Upper 4 took on the role of detectives as they investigate the mysterious theft of the House Cup from Waygates School. They have gathered and analysed a range of evidence, including fingerprints, ink samples, hair strands and other physical clues. Along the way, they discussed possible motives, tested suspects' alibis and use their problem-solving skills to work out who committed the crime.

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Lower 5 pupils participated in an exam skills workshop designed to develop effective revision habits, boost confidence, and increase motivation. They explored a range of strategies, including benchmarking, active reading, mind mapping, memory palaces, revision planning, and cue cards. The workshop highlighted how to use revision time efficiently through techniques such as spaced learning and the Leitner System. By the end, pupils had identified revision methods that suit them best, strengthened memory and study skills, reduced exam-related stress, and developed a more positive approach to revision and independent learning. For the rest of the day pupils got creative in their exploration on careers.