

LUNCH WEEK 2 MENU



GATEWAYS
SCHOOL

	BRUNCH MONDAY	CLASSIC TUESDAY	HEALTHY WEDNESDAY	INTERNATIONAL THURSDAY	FUN FRIDAY
MAIN COURSE	Glazed gammon	Chicken and vegetable pie	Wholemeal tomato pasta bake	Tex-mex beef chilli	Cheese and ham melt
VEGETARIAN	Spinach and tomato and cheese frittata	Vegetarian pie	Mac and cheese	Quorn chilli	Cheese onion and pepper chutney melt (plain cheese available)
ALTERNATIVES	Focaccia pizza slice	Sandwich bar	Warm chicken salad with chefs' choice of dressing	Jacket potato with cheese	Grilled chicken bagel with lettuce and mayo
SIDES	Crispy diced potatoes Baked beans Roasted tomato	New potatoes Seasonal vegetables Gravy	Garlic bread Roasted vegetables Garden peas	Rice Tortilla chips Mixed salad	Fries Corn on cob Coleslaw
Soup station available every day with homemade bread. Salad bar with composite salads and protein dishes.					
MAIN DESSERTS	Cornflake tart	Creamy rice pudding	Flapjack	Cookies	Cupcakes
COLD DESSERTS (Fresh fruit, yogurt and jelly available every day)	Chocolate and banana slice	Jam and coconut sponge	Shortbread	Mousse	Whole fruit

Please note there might be slight variations to the menu due to availability of ingredients