

LUNCH WEEK 3 MENU



GATEWAYS
SCHOOL

	BRUNCH MONDAY	CLASSIC TUESDAY	HEALTHY WEDNESDAY	INTERNATIONAL THURSDAY	FUN FRIDAY
MAIN COURSE	Filled croissant	Butchers' sausage	Build your own wrap	Beef bourguignon with mustard mashed potatoes	Pepperoni pizza slice
VEGETARIAN	Sourdough crumpet with poached egg and spinach sauce	Vegetarian toad in hole	Falafel	Sweet onion and goats cheese parcel	Margherita pizza
ALTERNATIVE	Jacket with cheese	Fish fingers	Pasta bar	Roasted chicken	Chicken wings
SIDES	Potato hash Grilled tomatoes Sautéed mushrooms Baked beans	New potatoes Garden peas and carrots	Cous cous Mixed salad Slaw	French fries Green beans Ratatouille	Warm tomato and pesto pasta Mixed salad Sweetcorn
Soup station available every day with homemade bread. Salad bar with composite salads and protein dishes.					
MAIN DESSERTS	Waffles and sauce	Treacle sponge with custard	Oat and raisin cookies	Apple cake	Brownie
COLD DESSERTS (Fresh fruit, yogurt and jelly available every day)	Peach crumble pot	Fairy cake	Blueberry muffins	Lemon meringue	Whole fruit

Please note there might be slight variations to the menu due to availability of ingredients