

LUNCH WEEK 3 MENU



GATEWAYS
SCHOOL

	BRUNCH MONDAY	CLASSIC TUESDAY	HEALTHY WEDNSDAY	INTERNATIONAL THURSDAY	FUN FRIDAY
MAIN COURSE	Filled croissant	Butchers' sausage	Build your own wrap	Mild curry	Chicken bar a selection of chicken dishes
VEGETARIAN	Sourdough crumpet with poached egg and spinach sauce	Vegetarian sausage casserole	Falafel	Potato and panner curry	Spicy bean burger
ALTERNATIVE	Jacket potato bar	Fish fingers	Wholemeal tomato pasta bake	Roasted chicken with dipping sauce	Sweet onion and goats cheese parcel
SIDES	Potato hash Grilled tomatoes Sautéed mushrooms Baked beans	Mashed potatoes Garden peas carrots	Tortilla chips Mixed salad sweetcorn	Steamed rice Pitta bread and chutney Roasted vegetables	French fries Baked beans Garden salad
Soup station available every day with homemade bread. Salad bar with composite salads and protein dishes.					
MAIN DESSERTS	Waffles and sauce	Treacle sponge with custard	Oat and raisin cookies	Apple cake	Brownie
COLD DESSERTS (Fresh fruit, yogurt and jelly available every day)	Peach crumble pot	Fairy cake	Blueberry muffins	Lemon meringue	Whole fruit

Please note there might be slight variations to the menu due to availability of ingredients